



Lions NEWSLETTER

District 5M7

Coon Rapids Lions Club

November 2010

Reminder — Next Dinner Meeting is on Wednesday, October 27, 7:00 p.m.

Board Members

- **President** —
Lion Brian Fitzgerald
(763) 421-1921
bfitzins@aol.com
- **First Vice** —
Lion Terry Peterson
(763) 757-2847
tppeteoff12847@q.com
- **Second Vice** —
Lion Lori Anderson
(763) 422-6885
lori.anderson@comcast.net
- **Third Vice** —
Lion Jessica Schultz
(612) 229-1570
desire2achieve@gmail.com
- **Secretary** —
Lion Lyle Goff
(763) 754-8921
gofflt@msn.com
- **Treasurer** —
Lion Brenda Vaughn
(763) 421-8491
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- **Membership** —
Lion Dan Janish
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- **Gambling Chair** —
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- **Community Needs** —
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- **Newsletter Editors** —
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- **Webmaster** —
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Views from Our President...

Greetings to All Lions!

Happy Halloween! What a great October this has been for the Coon Rapids Lions Club. We had a great *Lions at the Park* Celebration. A special thanks goes out to Lion Dan and Lion Beth. Everyone had a good time and we had three new people sign up to become Lions and a potential of four more.

Last Saturday October 9th, we celebrated White Cane Days. We raised lots of money for the blind and had lots of fun doing it. Thanks to Lion John.

On Saturday Lion Joel and Lion Becky Anderson hosted a get together for the Mid-Winter Convention. We have adopted a wonderful theme to help promote our Golf Tournament in the spring. The theme will be the Coon Rapids Lions Caddy Shack.

P.S. Thanks to Lion Lori, we now have available the "Vote honoring a Vet" button. I have picked up another bag full of these buttons.

Thanks for all your help, (10 in 10)

*Yours in service,
Lion Brian Fitzgerald*



RSVP for Dinner Meeting

Please make sure to notify your intention for each dinner meeting so a meal can be ordered for you. Lion Norma can be reached by calling her with your RSVP at (763) 427-5723. You must make your reservation by the Tuesday of the week prior to the dinner meeting. Please also indicate if you are bringing a guest and your dinner selection(s). Your dinner options are Steak or Chicken.

*Lion Norma Eimers
(763) 427-5723*

Lions At The Park Open House Update...

33 Lions proudly showed up and show cased our Lions Park to the community on Sunday October 3rd. One hundred pounds of smoked pulled pork was served to 208 participants. Displays and games were set up to showcase and educate all, about the various charities that we support and fundraisers that we do as a club.

Upon review it appears all goals for the event were met!

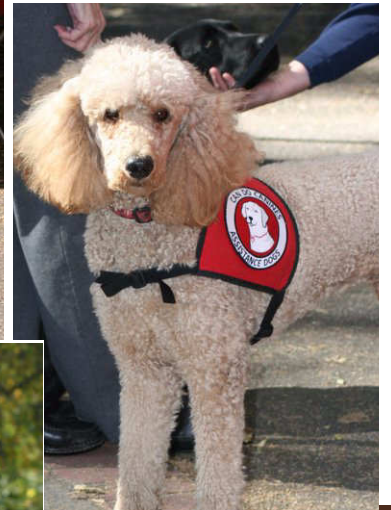
1. Generate club enthusiasm. Thirty-three out of 50 lions can attest that they had fun and probably even learned something new.

2. Generate community awareness about the Lions Club. Many comments were given by people, "Oh, I never knew the lions did that..." Even Mayor Howe was one that said this.

3. Generate new Members. At the event the siren sounded one time when an application was turned in that day. All the lions in attendance stopped what they were doing and cheered! Since then, three more applications have come in with the possibility of even a few more that are very interested.

It was voted by the club that there should be a *2nd annual "Lions At The Park"* in 2011.







Membership Update...

The BIG news is the addition of **five** new members to the roster at the Club meeting this past Wednesday. Added to the roster were the following new Lions:

- ⇒ Lion Laura Christensen - sponsored by Lion Lori Anderson
- ⇒ Lion Dale Koch - sponsored by Lion Lyle Goff
- ⇒ Lion Jennifer Koch - sponsored by Lion Lyle Goff
- ⇒ Lion Victor Krause - sponsored by Lion Brian Fitzgerald
- ⇒ Lion Chub Troester - sponsored by Lion Lori Anderson

Please take a moment to welcome these new members. Let's make sure all of our members are made to feel welcome and an important member of the Club. The Coon Rapids Lions Club now has 52 members on its roster. This puts us six members shy of the "10 in 2010" goal we set earlier in the year. If you have any prospects for new members; please talk to them and get them to a meeting or Club event. The best way to sell these people on becoming members is by showing them who the Coon Rapids Lions are, what they do and how they benefit the community. It sure would be nice to reach 58 members by the end of December!

Ring Those Bells...

**Friday Nov. 26th & Saturday Nov. 27th
Wal-Mart 10AM to 8 PM
2 hour shifts/5 shifts per day**



It is time to start planning for our annual commitment to ring bells and collect lots of \$\$ for the Salvation Army. This is the two days after Thanksgiving. We have been ringing as a club since 1998. A signup sheet will be going around at the dinner meeting on Oct 27th and the next meetings between then and ring time. If you know you want to ring and don't plan on making it to a meeting then contact Lion Tom Hakala via email or phone:

twhnala@comcast.net

(c) 763-447-0895 (h) 763-757-0775.



USA/Canada Leadership Forum....

Interesting Points

- Over 2500 Lions, Lioness and Leos in attendance.
- MD5M had the most people in attendance; Puerto Rico had over 60 Lions, Lioness and Leos in attendance.



Fun Things

- Service Dogs from Leader Dog for the Blind were at the expo and with their people at the expo.
- Expo had a lot of great exhibitors.
- Went to The Safe-House restaurant on Friday night with Paul Rignell, President from Forest Lake Lions, walked along the river and visited the bronze statue of "The Fonz" from Happy Days.



Many interesting speakers --

Ross Bernstein spoke about his mentor Herb Brooks, Patricia Ann Murray spoke about her efforts in becoming *Miss America* and serving in Iraq and International President Sid Scruggs spoke about his journey as a Lion.

Things We Took Home

- Many membership and retention ideas
- Ideas about how to survey our community in order to plan and enact the most effect and needed service projects, geared toward what the changing community needs.
- Techniques on how to run more effective fundraising events
- Ways clubs are changing and how to utilize the talents and skills of every person in order to grow our club and community.

Lion Jessica L. Schultz

Pride Promotion Program....

The purpose of this program is to *create enthusiasm* in our club and promote the **Pride of the Pride Program**, and to ensure that new members are educated and feel welcome in our club. Our club has been divided into two groups of equal numbers of active and non-active members. The program started Oct 1, 2010 and will run through June 30, 2011.



- **5 points:** Mentor/Sponsor + New member are greeters.
- **2 points:** New member participates in a club activity other than a meeting.
- **5 points:** New member attends a Zone meeting with your Mentor/ sponsor or prearranged proxy sponsor.
- **10 points:** After the new member attends four club meetings in a six month time.
- **10 points:** New member is officially inducted into the Club and completed the *Pride of the Pride Program*.

Each group will be working toward earning points. The team with the most points accumulated by next June, will receive a BBQ for 35 people prepared by Lion Dan of UP NORTH BBQ.

Ways to earn points:

- **2 points:** Attend a general/board meeting.
- **2 points:** Attend a dinner meeting.
- **5 points:** Attend a Zone meeting.
- **5 points:** Attend the Convention.
- **5 points:** Participating in a Lion function.
- **10 points:** For each member that has not been to a meeting for six months or more.
- **10 points:** For bringing in a new member who submits an application and the board votes in.

✓New Members that are attained from neutral resources will be divided equally among the teams.

✓If an unequal number of new members are attained from a neutral resource then teams can bid for that member with points that they have earned.

✓A “New Member” is considered a “New Member” for one year and will be mentored as such by his/her sponsor/mentor or pre-arranged proxy sponsor/mentor.

- **2 points:** New member fills out the skills and interest survey.
- **5 points:** New member is paired up with a Mentor/Sponsor of similar interest or by request.
- **2 points:** New member completes club orientation.
- **2 points:** Mentor/Sponsor sit by new member or prearranged proxy sponsor/mentor.

Team 1 — Leader Lion Bill Guthrie

Joel Anderson	Terry Peterson
Lori Anderson	Liz Reiser
Arlene Archangel	Mike Seymour
**Laura Christensen	Steve Sims
Brian Fitzgerald	**Chub Troester
Theresa Goff	Brenda Vaughn
Brandon Goff	Bill Vranicar
Scott Hudson	Harland Wyvell
Beth Janish	Gabrielle Vaughn
Paul Knorr	Doug Winsor
**Victor Krause	Tim Woodworth
John Merriam	David Zdon
Jim Myers	

** = new member

Team 2 — Leader Lion Roger Johnson

Becky Anderson	**Dale Koch
Aaron Bautista	**Jennifer Koch
Tim Beckwith	Ryan Madison
Darcy Brandenburg	Joe Marvin
Norma Eimers	Al Meyer
Dan Erhart	Clarence Norrbom
Dan Galbraith	Gary Roberts
Lyle Goff	Don Shannon
Marcia Guthrie	Luke Stellflug
Tom Hakala	Dan Thomsen
Dan Janish	Jason Vaughn
Kim Isaacs	Diana Wyvell



Members Corner...

Here is a great recipe for a chilly fall or winter evening that many have asked Lion Theresa to share.

Enjoy!

Chili Blanco

- 3 cans Navy or Northern beans, rinsed
- 6 cups chicken broth
- 2 onions, chopped
- 1 Tbsp. oil
- 6-8 cloves garlic, minced
- 2 - 7 oz. cans diced green chilies
- 1-3 tsp ground cumin
- 2 tsp. dried oregano leaves
- 1/2 - 1 tsp cayenne pepper
- 4 cups cooked & diced chicken or turkey
- 1 cup sour cream
- 3 cups shredded Monterey Jack cheese

Sauté onions in oil until golden. In large stock pot, combine beans, broth, onions, garlic, green chilies, cumin, oregano, cayenne pepper & chicken. Simmer 30 minutes. Add sour cream and cheese. Simmer another 15 minutes. Serve with chopped green onions, tomatoes, cilantro & additional sour cream.

Note: May be frozen before adding sour cream & cheese.

*I simmered all ingredients except sour cream & cheese in a crockpot for 6-7 hours.

5M7 Mid-Winter Convention...

This coming January 14-16, Lions from District 5M7 will meet at the Airport Marriott Hotel in Bloomington for our 33rd Annual Convention.

Lion Joel will have the signup sheet for hotel rooms and meal tickets at the next dinner meeting. The Opening Ceremony and Memorial Service will start at 7:30 pm on Friday, January 14, 2011.

Socializing in the club Hospitality Suites will be open Friday night from 9:00-12:00 p.m. This year our club has decided to promote our Annual Golf Tournament.

Saturday morning there will be a business meeting and in the afternoon, three seminars to attend. The Governor's Banquet on Saturday evening will include a talk from the visiting International Director and door prizes!

We always encourage everyone to attend the convention -- for the whole weekend or just for part of it! You'll meet many friends, new and old, and have lots of fun!



REMINDER — Please send your articles, updates and photos for our monthly newsletter to Lion Joel or Lion Becky Anderson by the Friday following the Board meeting each month.

Please include: *event name; # of Lions attending; weather conditions if applicable; and a short summarization of event.* Thank you. Contact: (763) 757-2515 or janderson@jemtechnical.com or beckymom@comcast.net



Holiday Party

Reserve the date --
Wednesday, December 1

Paddy Wagon's
133 Coon Rapids Blvd NW

Social Hour -- 6:30 p.m.

Dinner -- 7:00 p.m.

This year we are donating gifts to seniors who have "fallen through the cracks" and are not included on other lists.



Happy Birthday to...

- Lori Anderson -- November 5
- Dan Janish -- November 5
- Luke Stellpflug -- November 7
- Tom Hakala -- November 19
- Kim Isaacs -- November 25



Happy Anniversary to...

- Marcia Guthrie -- 1998





5M-7 Club Monthly Activities Report

Month: October 2010

Membership: Last Month - 49

Adds - 5 Drops - 2 Current - 52

Lion Laura Christensen - sponsored by Lion Lori Anderson

Lion Dale Koch - sponsored by Lion Lyle Goff

Lion Jennifer Koch - sponsored by Lion Lyle Goff

Lion Victor Krause - sponsored by Lion Brian Fitzgerald

Lion Chub Troester - sponsored by Lion Lori Anderson

Lion David Colbert - resigned due to employment changes

Lion Sean Novack - removed from roster due to non-attendance and non-payment of dues

List activities completed, include the total hours and the number of members participating in the activity:

Newsletter sent to DG, VDG, Region Chair, Zone Chair, and 5M7 Gram Editor via E-mail

Club Website and Facebook page kept current

Club had articles/ads appear in the CR Herald - 4 items

Club submitted articles and stories to Star Tribune and CTN - 3 articles/stories

Club made submissions to the 5M7 Gram - 3 articles

Membership and Activities reported submitted via e-mail by 21st of month

Attended US/Canadian Forum in Milwaukee - 2 Lions - 120 hrs

Visited Lions International HQ in Oak Brook, IL - 2 Lions - 3 hrs

Hosted Lions at The Park open house - 33 Lions - 190 hrs

Hosted White Cane Days event - 16 Lions - 70 hrs

Volunteered/attended American Legion activities - 4 Lions - 12 hrs

Volunteered for DAV - 1 Lion - 5 hrs

Volunteered at Feed My Starving Children - 2 Lions - 3 hrs

Volunteered for Meals on Wheels - 2 Lions - 15 hrs

Volunteered at Mediation Services fundraiser - 1 Lion - 5 hrs

Worked as part of the Salvation Army Mediation services - 1 Lion - 12 hrs

Volunteered at Senior Center - 1 Lion - 8 hrs

Volunteered through Tamarisk - 1 Lion - 18 hrs

Volunteered at TLC Toys - 1 Lion - 9 hrs

Worked on Anoka-Hennepin schools committees - 2 Lions - 6 hrs

Worked on Coon Rapids Historical Commission - 1 Lion - 3 hrs

Working with Humphrey Institute Exchange Fellows - 2 Lions - 33 hrs

Worked with the Metro North Chamber of Commerce - 1 Lion - 5 hrs

Volunteered at local churches - 21 Lions - 105 hrs

Visited VA Hospital and Mercy Hospital to see patients - 2 Lions - 6 hrs

Collected eyeglasses/hearing aids from Lions collection boxes - 3 Lions - 20 hrs

Assisted CR Lioness with bingo at Park River Estates - 2 Lions - 4 hrs

Worked on 5M7 committees and business - 3 Lions - 18 hrs

Donated blood - 2 Lions - 4 hrs

Transported individuals to and from home for appointments - 2 Lions - 5 hrs

Acted as Guiding Lions for the North Metro Leos Club - 2 Lions - 7 hrs

Acted as scout leaders for Boy Scouts - 2 Lions - 55 hr

Acted as scouting liaison between Club and Troops/Packs - 1 Lion - 10 hrs

Worked on Miss Coon Rapids October '10 events - 1 Lion - 5 hrs

Coached/officiated youth sports - 3 Lions - 113 hrs

Volunteered at Daycare/Elementary School - 3 Lions - 20 hrs

Worked on Committee activities - 33 CR Lions - 231 hrs

Worked on Newsletter - 2 CR Lions - 14 hrs

Worked on Website - 1 CR Lion - 6 hrs

Worked on Facebook webpage - 1 CR Lion - 20 hrs

Worked on Secretarial activities - 1 CR Lion - 24 hrs

Cash Donations:

Camp Friendship - \$750

Camp Needlepoint - \$750

Can-Do Canines - \$500

Needy Person - \$189

City of Coon Rapids - \$119

Upcoming activities with dates:

Governor's Dinner @ Coon Rapids VFW - October 27th, 2010

Fall Lions Breakfast @ Coon Rapids VFW - October 31st, 2010

Salvation Army Bell Ringing @ Wal-Mart (Riverdale) - November 26th & 27th, 2010

2nd Annual Wine & Epicurean Delights Extravaganza @ ARCC - February 19th, 2011

CR Lions taking MN Lions Eye Bank Tour - April 2nd, 2011

Spring Lions Breakfast @ Coon Rapids VFW - April 10th, 2011

3rd Annual Spring Classic Golf Tournament & Dinner @ Bunker Hills GC - June 6th, 2011

Total Volunteer Hours donated in October '10: 1,184 hrs

Total Dollars Donated in October '10: \$2,308

Lion Brian Fitzgerald, Club President

Lion Lyle Goff, Club Secretary





Coon Rapids Lions November 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Bennigan's Bar BINGO & Paddle Wheel @ 7:15 pm	2  Election Day	3 Community Needs & Golf Tournament Mtgs. CR VFW 7:00pm	4	5	6 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
7  Daylight Saving Time Ends	8 Bennigan's Bar BINGO & Paddle Wheel @ 7:15 pm	9	10 Board & General Mtgs. CR VFW 7:00pm	11  Veteran's Day	12	13 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
14	15 Bennigan's Bar BINGO & Paddle Wheel @ 7:15 pm	16	17 Gambling Mtg. Gambling Office, 7:00pm	18	19	20 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
21	22 Bennigan's Bar BINGO & Paddle Wheel @ 7:15 pm	23	24 Dinner Mtg. CR-VFW, 7:00pm	25 Thanksgiving Day 	26 Salvation Army Bell Ringing @ Wal-Mart 	27 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
28	29 Bennigan's Bar BINGO & Paddle Wheel @ 7:15 pm	30				

Lets Play
Bingo!

and other fun games!



Bar Bingo - Mondays @ 7:15 PM
Pull Tabs when restaurant opens



Meat Raffle - Saturdays @ 4:30 PM
Bar Bingo - Saturdays @ 6:30 PM
Pull Tabs after 12:00 noon
Tri-Wheel Wed - Sat 6:00 - 11:00 p.m.

Support your local watering hole
as well as your community!