



Lions NEWSLETTER

District 5M7

Coon Rapids Lions Club

March 2010

Reminder — Next Dinner Meeting is on Wednesday, February 24, 7:00 p.m.

Board Members

- **President** —
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jbird702000@yahoo.com
- **First Vice** —
Lion Brian Fitzgerald
(763) 421-1921
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- **Second Vice** —
Lion Terry Peterson
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- **Third Vice** —
Lion Lori Anderson
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- **Secretary** —
Lion Lyle Goff
(763) 754-8921
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- **Treasurer** —
Lion Steve Asplund
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- **Membership** —
Lion Bill Guthrie
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- **Gambling Chair** —
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- **Community Needs** —
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- **Newsletter Editors** —
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- **Webmaster** —
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Views from Our President...



Dear fellow Lions,

I am sure many of you have heard about our meeting with City officials regarding the *Fourth of July Celebration*. Or, you may have read an article in the Star Tribune newspaper. Either way it has been decided that our club will no longer be organizing and running the parade or beer concessions at this year's carnival. That being said I hope every one of you will have time to enjoy the festivities happening at Sand Creek Park, or wherever you chose to be.

As I write this letter, I am thinking about our *Wine Tasting Event* that is happening this weekend. I want to thank everyone for their help to organize, sell tickets and/or work at the event. It is new ideas like this that will make our club stronger and better organized to help our community in the future.

Our *Spring Pancake Breakfast* will be here in no time, so remember we will need everyone's help, so make sure you mark your calendar and tell everyone you know to come out and enjoy a nice breakfast with us.

My last thought this month is to ask you to remember that without our time being spent on the Fourth of July, we should all get behind the *Golf Tournament* and make it a bigger success then we can imagine.

*Yours in service,
Lion Jason Vaughn*



RSVP for Dinner Meeting

Please make sure to notify your intention for each dinner meeting so a meal can be ordered for you. Lion Lyle can be reached by emailing to gofflt@msn.com or calling him with your RSVP at (763) 754-8921.

You must make your reservation by the Tuesday of the week prior to the dinner meeting. Please also indicate if you are bringing a guest and your dinner selection(s). Your dinner options are Steak or Chicken.

*Lion Lyle Goff
(763) 754-8921*

Membership Committee...



Everyone in our club has received a new committee list for 2010-2011. As you have probably seen, there are many open slots to fill in. There are a wide variety of committees! I am thinking there has to be a “special” area of interest for each and every one of you! Your talents and time are always needed to help serve your fellowman!

If you have any questions on what any of the committees do, please feel free to ask our current president, Lion Jason Vaughn, our incoming president, Lion Brian Fitzgerald, any of the other Lions who have been around a few years in our club, OR ask me. I would love to answer your questions. It goes much easier if we are ALL involved in one or more of the committees. *Many hands make light work* (and FUN)! Also, remember to “just ask” — who knows who might become the newest Coon Rapids Lions Club member! “10 in 10”

*Lion Bill Guthrie
Membership Chairman*

Weight Loss Contest...



Interested in getting healthy and supporting the Lions too? A “*Biggest Loser*” contest may be the way to achieve both of these goals! Anyone can join in the fun by helping themselves live a healthier life and giving the Club a chance to support one of its projects.

Looking for more details on how we can do all this? Please contact Lion Lyle Goff at 763-754-8921 or at gofflt@msn.com. My weight loss idea has changed slightly to make it more fun. Anyone, members or otherwise, can join for a \$15 fee. The contest will run for 30 weeks, with weigh-ins taking place every two weeks at our Club meetings at the VFW.

The winner will be the person with the greatest percentage of weight loss. The jackpot will be split 50/50 with the winner taking half the pot and the other half being donated to the Club project of their choice.

Lion Lyle Goff

Awards Committee...



Attention all Lions — Please start thinking about whom you would like to nominate for receiving an award. These awards are **Melvin Jones Fellowship Award, Helen Keller Sight Award, Hearing Research Fellow Award and Can Do Canines Award** (formerly *Hearing and Service Dogs of Minnesota*).

This can be anyone in our own Coon Rapids Lions Club, Coon Rapids Lioness Club, North Metro Leos Club, or any individual or individuals in our local community whom you feel would be worthy of receiving this award for recognition of a commitment to humanitarian work.

I will be handing out nomination forms at the February dinner meeting — one or more to each member to take home and fill out and return to me at the March dinner meeting. The Lions in our club who have already received at least two of the above mentioned awards are on the committee who decide who will receive the various awards. The date, time, location, etc. for that meeting has yet to be determined. The awards are then ordered and will be given out at a meeting in the fall.

*Lion Marcia Guthrie
LCIF Chair*



Daily Survival Kit...

- **Toothpick** - to remind you to pick the good qualities in everyone, including yourself.
- **Rubber band** - to remind you to be flexible. Things might not always go the way you want, but it can be worked out.
- **Band-Aid** - to remind you to heal hurt feelings, either yours or someone else's.
- **Eraser** - to remind you everyone makes mistakes. That's okay, we learn by our errors.
- **Candy Kiss** - to remind you everyone needs a hug or a compliment every day.
- **Mint** - to remind you that you are worth a mint to your family and me.
- **Bubble Gum** - to remind you to stick with it and you can accomplish anything.
- **Pencil** - to remind you to list your blessings every day.
- **Tea Bag** - to remind you to take time to relax daily and go over that list of God's blessings.

? Mystery Lion of the Month... ?

Can you guess who this is?
You may be asked at the next dinner meeting
to identify this fellow Lion. Be prepared!

What is your current occupation? Or, if retired, what did you do for your fulltime occupation?

Answer: Physical Therapist in Adult outpatient orthopedics and chronic pain.

What is your favorite hobby?

Answer: Geocaching. I am at 600 finds throughout the US, Bahamas, and Mexico.

Favorite place to vacation?

Answer: The cabin and every winter, a cruise to someplace new.

Where is your most interesting traveling location?

Answer: Backpacking one summer with two friends through Europe. We were on a night train from Paris to Munich when we heard Elvis died.

What city or area did you grow up in?

Answer: Born in Montana, grew up in Crystal, MN

Volunteer projects in the community in addition to Lions? *If so please describe.*

Answer: Church; former Girl Scout leader; former Cub Scout leader; and softball coach.

What was your most unique job?

Answer: McDonalds as a teenager
(where I met my soul mate).

What is your favorite meal, food, drink?

Answer: Friday nights at The Wharf sipping a house Bloody Mary and sharing a Jamaican Burger and watching the big boats go through the channel.

Are you married? How long? Any grandchildren?

Answer: Yes, 30 years! Not yet. I have two adult children and a golden retriever pup.



Did you figure it out?

Last month's *Mystery Lion of the Month* was
Lion Ryan Madison

Thank You Anoka Lions Club...

Lion Liz Reiser and Lion Tim Beckwith will be leaving soon on their mission trip to the Philippines. A request for reading glasses went out and the Anoka Lions Club stepped up to the plate. Lion Liz was given hundreds and hundreds of glasses to go through to look for the readers. Lion Liz would like to urge all of us to help thank the Anoka Lions Club by attending their pancake breakfast (details below).



Pancake Breakfast



The Anoka Lions Club is holding their *50th Annual Pancake Breakfast* on Palm Sunday, March 28, 2010. It will be held at the Anoka Legion Post 102, 400 West Main St. from 8:00-1:00 p.m., along with a Lioness bake sale.

Adults -- \$6.00

Children 3-12 -- \$3.00 and under 3 -- Free.

The Wellness Van will be available for Free Screenings for Diabetes, Eyes, Blood Pressure and Cholesterol.



REMINDER — Please send your articles, updates and photos for our monthly newsletter to Lion Joel or Lion Becky Anderson by the Friday following the Board meeting each month. Please include: *event name; # of Lions attending; weather conditions if applicable; and a short summarization of event.* Thank you. Contact: (763) 757-2515 or janderson@jemtechnical.com or beckymom@comcast.net

Happy Birthday to...

- Dan Erhart -- March 30



Happy Anniversary to...

- Joel Anderson -- 1996
- Roger Johnson -- 2000
- John Merriam -- 2000
- Steve Asplund -- 2004
- Becky Anderson -- 2009





5M-7 Club Monthly Activities Report

Month: February 2010

Membership: Last Month – 48

Adds – 0 Drops – 0 Current – 48

List activities completed, include the total hours and the number of members participating in the activity:

Newsletter sent to DG, VDG, Region Chair, Zone Chair, and 5M7 Gram Editor via E-mail
 Club Website and Facebook page kept current
 Articles appeared in the Coon Rapids Herald – 4 articles
 Club made submissions to the 5M7 Gram – 3 articles
 Monthly Membership and Activities reported submitted via e-mail by 21st of month
 Attended 5M8 Mid-Winter Convention – 2 Lions – 12 hrs
 Guest speaker at Coon Rapids North Star Lions dinner – 1 Lion – 2 hrs
 Attended Sauk Center Lions Pancake Breakfast – 1 Lion – 2 hrs
 Volunteered at *Feed My Starving Children* – 1 Lion – 3 hrs
 Acted as Guiding Lions for the North Metro Leos Club – 3 Lions – 6 hrs
 Worked Books for Bango event @ Hoover Elementary – 7 Lions – 21 hrs
 Worked Books for Bango event @ Sand Creek Elementary 7 Lions – 28 hrs
 Worked Books for Bango event @ Sorteberg Elementary – 7 Lions – 14 hrs
 Worked Books for Bango event @ Adams Elementary – 7 Lions – 23 hrs
 Worked Books for Bango event @ Morris Bye Elementary 7 Lions – 14 hrs
 Attended *Salvation Army Have a Heart Benefit* dinner – 10 Lions – 25 hrs
 Collected eyeglasses from Lions collection boxes – 2 Lions – 23 hrs
 Assisted CR Lioness with bingo at Park River Estates – 2 Lions – 4 hrs
 Worked on *Novack Scholarship Foundation* – 1 Lion – 5 hrs
 Volunteered with the DAV – 1 Lion – 11 hrs
 Volunteered at TLC Toys – 1 Lion – 3 hrs
 Volunteered at *Community Justice Partners* – 1 Lion – 4 hrs
 Worked on CR Safety Commission – 1 Lion – 6 hrs
 Worked on CR Historical Commission – 1 Lion – 6 hrs
 Worked on CR 50th Anniversary planning committee – 1 Lion – 2 hrs
 Volunteered at political conventions/Caucasus – 4 Lions – 36 hrs
 Worked on 5M7 committees and business – 2 Lions – 17 hrs

Worked with the Metro North Chamber of Commerce – 2 Lions – 5 hrs
 Volunteered/attended American Legion activities – 4 Lions – 15 hrs
 Donated blood – 2 Lions – 5 hrs
 Aided elder neighbor with snow removal – 5 Lions – 18 hrs
 Working with *Humphrey Institute Exchange Fellows* – 3 Lions – 47 hrs
 Worked on planning for Philippines mission trip – 8 Lions – 67 hrs
 Transported individuals to and from home for appts. – 2 Lions – 5 hrs
 Volunteered for *Meals on Wheels* – 2 Lions – 14 hrs
 Volunteered through Tamarisk – 1 Lion – 18 hrs
 Volunteered at Senior Center – 1 Lion – 6 hrs
 Visited VA Hospital and Mercy Hospital to see patients – 2 Lions – 4 hrs
 Acted as scout leaders for Boy Scouts – 2 Lions – 39 hrs
 Acted as scouting liaison between Club and Troops/Packs 1 Lion – 7 hrs
 Worked as part of the *Salvation Army Mediation* services – 1 Lion – 5 hrs
 Worked on Anoka-Hennepin schools committees – 3 Lions -- 17 hrs
 Worked on *Miss Coon Rapids* February '10 events – 3 Lions – 15 hrs
 Coached/officiated youth sports – 3 Lions – 61 hrs
 Volunteered at local churches – 24 Lions – 73 hrs
 Volunteered at Daycare/Elem. School – 4 Lions – 26 hrs
 Worked on CR Lions Committee activities – 31 Lions – 347 hrs
 Worked on CR Lions Newsletter – 2 Lions – 12 hrs
 Worked on CR Lions Website – 1 Lion – 5 hrs
 Worked on CR Lions Facebook webpage – 1 Lion – 5 hrs
 Worked on CR Lions Secretarial activities – 1 Lion – 27 hrs

Cash Donations:

CRHS Senior Party - \$500
 Troop 415 - \$150
 Hooked on Fishing - \$1,000
 Feed My Starving Children - \$500

Upcoming activities with dates:

Coon Rapids Lions Club Spring Pancake Breakfast @
 Coon Rapids VFW – March 21st
 2nd Annual Coon Rapids Lions Club Spring Classic Golf
 Tournament & Dinner @ Bunker Hills – June 7th

Total Volunteer Hours donated in February '10: 1,073 hrs

Total Dollars Donated in February '10: \$2,150

Lion Lyle Goff
 Club Secretary
Lion Jason Vaughn
 Club President





Coon Rapids Lions March 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	2	3 Community Needs & Golf Tournament Mtgs. Fire Station #1 7:00pm	4	5	6 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
7	8 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	9	10 Board & General Mtgs. CR VFW 7:00pm	11	12	13 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
14 Daylight Savings Time 	15 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	16	17 Gambling Mtg. Gambling Office, 7:00pm	18	19	20 Spring Begins Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
21 Pancake Breakfast 8-12 @ VFW 	22 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	23	24 Dinner Mtg. CR-VFW, 7:00pm	25	27	27 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
28 Anoka Lions Pancake Breakfast 8-1pm @ Anoka Legion Post 102	29 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	30	31			



A Helping Hand for Homeless Youth

Community Justice Partners has been working with **Heading Home Minnesota** (Karrie Shaaf from YMCA) to fill three donated homes in Coon Rapids with homeless youth in Anoka County.

The homes opened on February 15th and are in need of some supplies to get their program up and running.

Items Needed:

- ⇒ Pillows/Cases
- ⇒ Twin sheet sets
- ⇒ Towels
- ⇒ Personal Care items
(toothpaste, toothbrushes, soap, shampoo)

Your help is appreciated!
Donations will be accepted at our February Dinner Meeting!

Call or email Lion Jessica with any questions —
(612) 229-1570 or desire2achieve@gmail.com

Lets Play
Bingo!

and other fun games!



Bar Bingo - Mondays @ 7:15 PM
Pull Tabs when restaurant opens



Meat Raffle - Saturdays @ 4:30 PM
Bar Bingo - Saturdays @ 6:30 PM
Pull Tabs after 12:00 noon
Tri-Wheel Wed - Sat 6:00 - 11:00 p.m.

Support your local watering hole
as well as your community!