



Lions NEWSLETTER

District 5M7

Coon Rapids Lions Club

December 2009

Reminder — Next Dinner Meeting is on Wednesday, November 25, 7:00 p.m.

Board Members

- **President** —
Lion Jason Vaughn
(763) 421-8491
jbird702000@yahoo.com
- **First Vice** —
Lion Brian Fitzgerald
(763) 421-1921
bfitzins@aol.com
- **Second Vice** —
Lion Terry Peterson
(763) 757-2847
tppeteoff12847@q.com
- **Third Vice** —
Lion Lori Anderson
(763) 422-6885
lori.anderson@comcast.net
- **Secretary** —
Lion Lyle Goff
(763) 754-8921
gofflt@msn.com
- **Treasurer** —
Lion Steve Asplund
(763) 757-7231
sm_asplund@msn.com
- **Membership** —
Lion Bill Guthrie
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bmguthrie9@msn.com
- **Gambling Chair** —
Lion Roger Johnson
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rogvicki@msn.com
- **Community Needs** —
Lion Jessica Schultz
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desire2achieve@gmail.com
- **Newsletter Editors** —
Lions Joel & Becky Anderson
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- **Webmaster** —
Lion Steve Sims
(763) 421-2338
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Views from Our President...

Hello fellow Lions,

I can't believe that nearly half of my year as your president has gone by. I hope everyone is enjoying this year as much as I have been. We have some new events coming soon, so I want to remind everyone to get involved and enjoy them. I hope everyone who is available has signed for a shift of bell ringing, because it is nice to see all of the giving from the public to a worthy cause such as the Salvation Army. We should all take pride in our support.

I am looking forward to our holiday party, and want to thank the committee for all their planning and hard work. Please don't forget to bring a donation for the food shelf! Lion Lori and the rest of the wine tasting committee have working hard to make this new and exciting event a success. Please keep an eye out for all of the details and tell all your family and friends about it.

I want to wish everyone a Happy Thanksgiving. Please remember all that we have to be thankful for and the small things that we can do to make someone else's life better.

*Yours in service,
Lion Jason Vaughn*



RSVP for Dinner Meeting

Please make sure to notify your intention for each dinner meeting so a meal can be ordered for you. Lion Lyle can be reached by emailing to gofflt@msn.com or calling him with your RSVP at (763) 754-8921.

You must make your reservation by the Tuesday of the week prior to the dinner meeting. Please also indicate if you are bringing a guest and your dinner selection(s). Your dinner options are Steak or Chicken.

*Lion Lyle Goff
(763) 754-8921*

Club Clothing...

Don't forget to get your orders in for personalized Coon Rapids Lions Club clothing. Most everything is available in sizes S, M, L, XL. Here are the items on the order form: *Men's Denim Shirt; Women's Denim Shirt; Unisex Sweatshirt; Men's Polo Shirt; Women's Fem-Fit Polo Shirt; Women's Fem-Fit Knit Shirt; Unisex Button-Up Jacket; Unisex Hooded Jacket; and Lions Bill Cap.*



Lions Holiday Party...

**All Lions & Spouses --
All Lioness & Spouses**

Wednesday, December 9, 2009
Coon Rapids VFW

Social 6:30 PM, Dinner 7:00 PM

Pork Chop Dinner or Chicken Dinner

If you want to participate in a gift exchange, please bring a wrapped gift (value \$10). We will use a unique way to exchange the gifts. Also, please bring canned goods for the ACBC Food Shelf.

Please let Lion Lyle Goff know if you will be attending and what your meal choice is.

"Happy Holidays To All"



*Lion Brian & Susan Fitzgerald
Lions Bill & Marcia Guthrie*

Leo's Charter Night...

The North Metro Leo Club is excited to announce their rescheduled *Charter Night* — Tuesday, November 24, 7:00 p.m. at the Coon Rapids VFW. This event officially charts the Leos who are committed to the Lions International motto of *"We Serve."*

The North Metro Leo Club has volunteered at several venues including Park Rapids Care Center, Feed My Starving Children, Camilla Rose, and in conjunction with the Coon Rapids Lions Club at pancake breakfasts and White Cane Days. A commitment to the North Metro Leo Club is a commitment to the communities that we serve and is both a responsibility and a privilege.

We look forward to seeing you all there.

To continued success,

*Madelyn Esperum, President
Amy Sumontha, Vice President
Samantha Day, Secretary
Brent Van Lith, Treasurer*



Club Membership...

The Coon Rapids Lions Club added three new members to its roster at our last dinner meeting in October. District Governor Lion Clay O'Flanagan did the swearing in for the following new Lions:

- Lion Tom Hakala –
Sponsored by Lion Joe Marvin
- Lion Tim Woodworth –
Sponsored by Lion Bill Guthrie
- Lion M. Ryan Madison –
Sponsored by Lion Roger Johnson

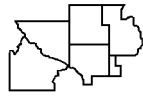


Left to right: VDG Lion Brian Toews; Lion Bill Guthrie; Lion Tim Woodworth; Lion Roger Johnson; Lion Ryan Madison; DG Lion Clay O'Flanagan; Lion Joe Marvin



Left to Right: Lion Bill Guthrie, VDG Lion Brian Toews; Lion Tim Woodworth; Lion Jason Vaughn; Lion Ryan Madison; Lion Roger Johnson; Lion Tom Hakala; Lion Joe Marvin.

5M7 Mid-Winter Convention...



5M-7
"We Serve"

Get your calendars out and pencil in the dates to attend the *5M7 Mid-Winter Convention* at the Bloomington Marriott on January 15-17, 2010. You'll be glad you did!

The *Mid-Winter Convention* starts on Friday night with an Opening Ceremony and Memorial Service for Lions/Lioness in the District that have passed away during the past year. Afterwards, you can find many Hospitality Suites with lots of food and socializing fun!

Saturday morning breakfast is on your own, and there will be speakers and seminars to attend. At lunchtime, the "Parade of Green" and the Lioness Tail-twisting contest, along with the business meeting. Saturday evening's dinner meal is the Governor's Banquet, (which can be a dressy affair), the International Guest speaker, along with a second visit to the Hospitality Suites.

Sunday morning boasts the breakfast buffet, along with another fabulous speaker and winners of the poster contests are announced.

Come for the whole weekend, or just a part of it. You can purchase the complete meal ticket or just certain meals: Saturday lunch, Governor's Banquet, or Sunday breakfast buffet.

More information on the Convention and hotel accommodations will be coming soon.

Lion Joel Anderson

Salvation Army Bell Ringing...



The Club's annual *Salvation Army Bell Ringing* will take place at Wal-Mart Riverdale on Friday November 27th and Saturday November 28th. Lion Joe Marvin is chairing the event and says the bell ringing will take place from 10:00 AM to 8:00 PM on both days. A sign-up sheet for those interested in manning the kettle was passed around for anyone to sign up for a specific time.

If you have questions, please contact Lion Joe Marvin.



DOING THE MOST GOOD

Governor's Night....

A BIG "Thank You" goes out to Lion Doug Winsor of the Riverdale Cub Food Store along with the Assistant Store Manager and, of course, the great staff in the bakery department! They provided the cake for the *Governor's Night* on October 28. As you can see in the picture, District Governor Lion Clay O'Flanagan's personal pin design was displayed in the center of the cake and in the four corners of the cake was the International President's message of "Move to Grow." Thanks again — it was enjoyed by all!



REMINDER — Please send your articles, updates and photos for our monthly newsletter to Lion Joel Anderson by the Friday following the Board meeting each month.

Please include: *event name; # of Lions attending; weather conditions if applicable; and a short summarization of event.* Thank you. Contact: (763) 757-2515 or janderson@jemtechnical.com or beckymom@comcast.net

Happy Birthday to...

- Bill Guthrie -- December 3
- Liz Reiser -- December 4



Happy Anniversary to...

- Clarence Norrbom -- 1972
- Dan Galbraith -- 2005





Hearing & Service Dogs of Minnesota...

Our speaker this month is from *Hearing and Service Dogs of Minnesota*. Also joining us will be a “graduate” from the course.

Hearing and Service Dogs of Minnesota is dedicated to enhancing the quality of life for people who are deaf, hard of hearing or disabled by creating mutually beneficial partnerships with specially trained dogs.

Hearing and Service Dogs of Minnesota works with individuals who are deaf, hard-of-hearing or physically disabled, pairing them with dogs specially trained to alert them to important sounds or assist them in the activities of daily living. In general, these animals are referred to as assistance dogs.

Lions have long supported Hearing and Service Dogs of Minnesota and currently provide 20 percent or more of our annual income. All assistance dogs are provided to the client at no charge —

\$5,000 sponsors a Hearing Dog

\$10,000 sponsors a Service Dog

The cost per graduated team is more than \$28,000



How We Can Help...

Our wish list shows specific items we need. If you have some of these items which you no longer need or want, donating them makes sense in many ways. You'll help us, spare the environment and turn your unwanted goods into a possible tax deduction. To arrange for contribution of wish list items, please contact us or call 612-729-5986. Thank you!

Our Wish List



Dog treats
(Pupperoni, small size Milkbone)
LCD computer monitors,
17" or larger
Palm Treo Smartphone for Verizon
Automotive GPS devices
More puppy raisers!
Plastic dog crates: large and extra
large sizes

Dog grooming services

Van with wheelchair lift, good condition

25' extension cords

Durable picnic table or bench

Home Theater System for meeting room

Mac G4 Computers, laptop

Small wagon or hatch-back for delivering dogs

Microwave cart with drawer

Dog leashes. 6' narrow width

Digital Camcorder

Exercise pens, 36'-48'

Donated veterinary services

Gentle Leaders and Haltis, sizes M & L

New Flexi leads for large dogs

New Smoke Detectors

8-1/2 x 11 copy paper

Plastic “Playschool” benches and table

Batteries - AA & AAA

Carpet cleaner

Frontline heartworm preventative

Kongs, Nylabones (large & puppy size)

Gift certificates to pet stores and home improvement stores

Newer wheelchairs, manual Quickie-type

First class stamps

Purebred puppies

New dog grooming supplies

A special thanks to all of you who previously supplied us with wish list items! You made our wishes come true!



Supporting Our Members....

Law Enforcement Presents



Dear Fellow Lions,

I am taking the *Plunge* for **Special Olympics Minnesota** this winter! I will take the *Maple Grove Plunge* on February 6, 2010 and will jump into icy Minnesota waters!

No, I'm not crazy; I'm just supporting a wonderful cause: the

amazing athletes of **Special Olympics Minnesota!**

I have set a personal fundraising goal at \$400, but would love to exceed that and I need your support to do it! I'm hoping you'll make a donation to Special Olympics Minnesota on my behalf and support my Polar Bear Plunge Team, the Chilly Willies. Any amount you can contribute helps me get closer to my goal.

You can support my Plunge in multiple ways. You can return your donation to me, or you visit my pledge page at: http://www.specialolympicsminnesota.org/Polar_Plunge_App.php?regid=8233&step=pledge&action=showwebpage&event_id=10&team_id=1229

You can also visit Special Olympics Minnesota's Website to donate online:

Visit www.specialolympicsminnesota.org. Select "Sponsor a Plunger." Find my name from the drop-down box, which will take you to my personal Plunge Web page. There, you can pledge to me online. Check my page often, and see how I'm doing. I'll post a picture of my Plunge after the event!

If you can't support me with a donation, I'd love to have you cheer me on at the event. Or if you're really feeling brave, join me and Take the Plunge! You can register online today.

If you want to learn more about this great event, please visit www.specialolympicsminnesota.org.

Thank you for your support!

*Lion Jessica Schultz
Team Chilly Willies*

Lions All,

Lion Tim Beckwith is planning a Philippines Mission Trip for March (tentative dates are March 11-22, 2010).

If anyone wishes to go they have to let him know ASAP so airline tickets and travel plans can be firmed up. Lion Liz has committed to going and more are welcome to join in this important trip.

The trip includes eyeglasses and mission relief with our Lions twin club in Manila and it looks like they will be doing eyeglasses in Dagupan as well (northern Luzon). They will also be visiting an orphanage or two, doing **Feed My Starving Children** distribution among other things.

Please contact Lion Tim Beckwith at timothy.a.beckwith@honeywell.com (612-951-5214) or at beckwith@usfamily.net (763-755-9274). Thanks!

45 Lessons Life Taught Me --

Regina Brett, The Plain Dealer, Cleveland, OH

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's okay to get angry with God, He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't mess up the present.
12. It's okay to let your children see you cry.

? **Mystery Lion of the Month...** ?

Can you guess who this is?
You may be asked at the next dinner meeting
to identify this fellow Lion.
Be prepared!



Coon Rapids Lioness Club News

I would like to start out by thanking the members of our group for all the hard work that each and every one of you put into the bake sales, craft show and the *Governor's Dinner*. This next month will be just as busy with wrapping gifts for the nursing homes, Bingo at both places, our holiday dinner, and of course the Coon Rapids Lions holiday party.

In all of your preparations for the upcoming holiday season, remember to take time for yourself and enjoy this beautiful part of the year. Take just a moment or two, to notice the volunteers ringing bells, the people putting up holiday lights, the holiday displays in the stores, or just stop and listen...they are playing Christmas music on the radio. I love this time of the year.

Some important dates:

- November 24 –
Board meeting – 7:00 pm
- December 8 –
Potluck dinner, regular Board meeting
and wrap gifts
- December 9 –
Coon Rapids Lions holiday party
- December 15 –
Park River Bingo and holiday party –
2:00-3:00 pm
- December 15 –
Holiday dinner at Applebee's
- December 17 –
Camilla Rose and holiday party –
6:30-7:30 pm

Happy Birthday to Lioness Jan – December 8

Happy Thanksgiving and Happy Holidays to everyone!

*Yours in Lionism
Lioness President Lori Glass*

What is your current occupation? Or, if retired, what did you do for your fulltime occupation?

Answer: Retired twice -- first from 20 years as a Kindergarten teacher at Sand Creek, and then from 14 years at Target.

What is your favorite hobby?

Answer: Playing Bridge and going shopping.

What city or area did you grow up in?

Answer: Titonaka, IA (north central Iowa).

What was your favorite vacation?

Answer: A cruise in the Caribbean.

What was your most unique experience?

Answer: Putting on and wearing a bunny costume for Easter at Target.

What is your dream vehicle?

Answer: A red Mustang, newer the better.

Where did you attend school?

Answer: St. Olaf College & St. Cloud State.

Are you married? How many years?

Answer: Widowed, but was married for 47 years.
Two children, and 2 grandchildren.

Favorite place to travel or vacation?

Answer: St. Louis, MO (brother lives there).



Did you figure it out?

Last month's *Mystery Lion of the Month* was
Lion Luke Stellpflug



5M-7 Club Monthly Activities Report

Month: November 2009

Membership: Last Month - 49
Adds - 0 Drops - 0 Current - 49

List activities completed, include the total hrs and the number of members participating in the activity:

Newsletter sent to DG, VDG, Region Chair, Zone Chair, and 5M7 Gram Editor via E-mail

Club Website and Facebook page kept current

Club had articles appear in the Coon Rapids Herald - 3 articles

Monthly Membership and Activities reported submitted via e-mail by 21st of month

Performed *Books for BANGO* event at University Elementary - 5 Lions - 13 hrs

Performed *Fall Pancake Breakfast* event - 30 Lions - 130 hrs

Attended *Spring Lake Park Lions Pancake Breakfast* - 2 Lions - 4 hrs

Attended *Columbus Lions Pancake Breakfast* - 2 Lions 4 hrs

Acted as *Guiding Lions for the North Metro Leos Club* - 3 Lions - 6 hrs

Collected eyeglasses from Lions collection boxes - 2 Lions - 25 hrs

Assisted CR Lioness with bingo at Park River Estates - 1 Lion - 2 hrs

Volunteered with the DAV - 1 Lion - 12 hrs

Volunteered at TLC Toys - 1 Lion - 4 hrs

Volunteered on the Paul Bunyan Bi-way - 2 Lions - 8 hrs

Worked on Coon Rapids Safety Commission - 1 Lion - 3 hrs

Worked on Coon Rapids Historical Commission - 1 Lion - 5 hrs

Worked on *Coon Rapids 50th Anniversary planning committee* - 1 Lions - 2 hrs

Worked on 5M7 committees and business - 2 Lions - 21 hrs

Worked with the *Metro North Chamber of Commerce* - 1 Lion - 2 hrs

Volunteered/attended American Legion activities - 2 Lions - 10 hrs

Volunteered at *Adopt a Highway* event - 1 Lion - 2 hrs

Donated blood - 1 Lions - 2 hrs

Aided elder neighbor with yard work - 4 Lions - 17 hrs

Working with *Humphrey Institute Exchange Fellows* - 3 Lions - 71 hrs

Transported individuals to and from home for appointments - 2 Lions - 6 hrs

Volunteered for *Meals on Wheels* - 2 Lions - 17 hrs

Volunteered through Tamarisk - 1 Lion - 21 hrs

Volunteered at Senior Center - 1 Lion - 5 hrs

Visited VA Hospital and Mercy Hospital to see patients - 2 Lions - 8 hrs

Acted as scout leaders for Boy Scouts - 2 Lions - 49 hrs

Acted as scouting liaison between Club and Troops/Packs - 1 Lion - 8 hrs

Worked as part of the *Salvation Army Mediation* services - 1 Lion - 4 hrs

Worked on Anoka-Hennepin schools committees - 3 Lions - 19 hrs

Worked on *Miss Coon Rapids* November '09 events - 2 Lions - 11 hrs

Coached/officiated youth sports - 3 Lions - 77 hrs

Volunteered at local churches - 27 Lions - 96 hrs

Volunteered at Daycare/Elementary School - 4 Lions - 23 hrs

Worked on CR Lions Committee activities - 30 Lions - 213 hrs

Worked on CR Lions Newsletter - 2 Lions - 6 hrs

Worked on CR Lions Website - 1 Lion - 5 hrs

Worked on CR Lions Facebook webpage - 1 Lion - 5 hrs

Worked on CR Lions Secretarial activities - 1 Lion - 26 hrs

Cash Donations:

Needy Family - \$60

Upcoming activities with dates:

Salvation Army Bell-Ringing event @ Coon Rapids Wal-Mart Riverdale - November 27th and 28th

Coon Rapids Lions Club *Holiday Party* @ Coon Rapids VFW - December 9th

5M7 Mid-Winter Convention in Bloomington, Minnesota - January 15th to 17th

First Annual Wine & Epicurean Delights Extravaganza @ Civic Center - February 20th

Coon Rapids Lions Club *Spring Pancake Breakfast* @ Coon Rapids VFW - March 21st

2nd Annual Coon Rapids Lions Club *Spring Classic Golf Tournament & Dinner* @ Bunker Hills - June 7th

Total Volunteer Hrs donated in November '09: 932 hrs

Total Dollars Donated in November '09: \$60

Lion Lyle Goff Club Secretary

Lion Jason Vaughn Club President





Coon Rapids Lions December 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Community Needs & Golf Tournament mtgs. Fire Station #1 7:00pm	3	4	5 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
6	7 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	8	9  Holiday Party Dinner Mtg CR-VFW, 6:30pm	10	11	12 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
13	14 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	15	16 Gambling Mtg Gambling Office, 7:00pm	17	18	19 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
20	21 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	22	23	24  Christmas Eve	25  Christmas Day	26 Classic Bowl -- Meat Raffle @ 4:30 pm Bar BINGO @ 6:30pm
27	28 Bennigan's - Bar BINGO & Paddle Wheel @ 7:15 pm	29	30	31 New Year's Eve 		